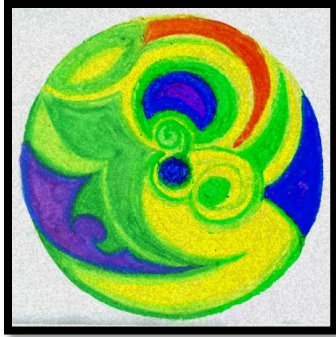


## ONGOING ART THERAPY GROUPS/WORKSHOPS



### **PROBLEM SOLVING AND THE GREAT ROUND**

**ATx:** Alexandria Zettler

**Time:** Thursday Evenings (6-7:30pm), 01.12.12 – 02.16.12

Limited to six adults (18 years and up)

**Fee:** \$10.00 material fee payable to CKAC

**Overview:** PROBLEM SOLVING AND THE GREAT ROUND is a closed six-week art therapy group wherein the participants will have the opportunity to create and interpret circular designs using Joan Kellog's theory of the Great Round. The philosophical approach is cognitive-behavioral and Jungian ATx.



### **CREATIVELY CONTAINING THE ANXIETY MONSTER**

**ATx:** Alexandria Zettler

**Time:** Thursday Evenings (6-7:30pm), 03.01.12 – 04.05.12

Limited to six adults (18 years and up)

**Fee:** \$10 Material Fee

**Overview:** *CREATIVELY CONTAINING THE ANXIETY MONSTER* is a six-week closed art therapy group wherein the participants will explore a variety of media in order to identify feeling states and develop/discover methods for reducing feelings of anxiety. The approach is cognitive-behavioral ATx.

## ART EDUCATION



### **CKAC YOUTH: SKILLS AND CONCEPTS IN TWO-DIMENSIONAL ART FORMS**

Alexandria "Zandy" Zettler

**Time:** Thursday Afternoons (3-4:30pm), School year 2011-2012

**Fee:** \$10 material fee (Sarasota Trip separate & optional) payable to the CKAC

Thursday, January 12, 2012 **Painting classes begin**

Sunday, January 22, 2012 **National Portfolio Day at Ringling College:**

**Sarasota, FL (optional)**

[\(http://portfolioday.net/\)](http://portfolioday.net/)

Thursday, February 23, 2012 Mid-winter break

Thursday, March 1, 2012

**Alternative Media classes begin**

Thursday, April 5, 2012

Classed end



### **OPEN PHOTOGRAPHY STUDIO/DARKROOM**

**Photographer:** Christian Harkness

**Time:** Every Wednesday: 10am, Beginning 01/11/2012

**Fee:** Demonstration Free/ Darkroom material cost as needed No Darkroom experience necessary

### **CALL FOR ARTISTS**



### **QUILTERS OF NORTH CENTRAL FLORIDA**

**Medium:** Traditional and Contemporary Art Quilts

**Entry Deadline:** Works must be delivered to Arts Center Gallery by 5 pm, Tues, January 3, 2012.

**Opening and Artists' Reception:** Saturday, January 7th, 5-7 pm

**Closing Date:** Works must be picked up no later than Tues, January 31, 2012

**Entry Fee:** \$ 5.00 each entry – submission per person limited by size.

Please download entry forms from <http://www.cedarkeyartscenter.org/forms.html>



### **SALUTE TO WILDLIFE**

**Medium:** Any

**Entry Deadline:** Works *must be delivered* to Arts Center Gallery by 5 pm, Tues, February 28, 2012.( CKAC, PO Box 949 Cedar Key, FL 32625).

**Opening and Artists' Reception:** Saturday, March 3rd, 5-7 pm

**Closing Date:** Works must be picked up no later than Tues, April 3rd, 2012

**Entry Fee:** \$ 5.00 each entry – limit of 3 submission per artist.

Please download entry forms from <http://www.cedarkeyartscenter.org/forms.html>